



THE RED AND BLACK BOOK

 University of Cincinnati
ALUMNI ASSOCIATION

Brought to you by The Student Alumni Council

THE RED AND BLACK BOOK

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BRAD WEIDNER

President of The Student Alumni Council

On behalf of the Student Alumni Council, welcome to our Bearcat family! As you embark on your journey at UC you undoubtedly have many questions about campus life and getting acclimated to a new environment. It's no secret that the upcoming school year will be different from other years in our university's long history. Rest assured -- you are not alone as we navigate new ways of learning, working, and interacting with one another. I encourage you to keep an open mind and to take advantage of the opportunities made available to you in the upcoming weeks to seek out new faces and meet new friends.

Published annually since 2007, the Red and Black Book is designed to help answer the questions you have as you begin your first year on campus. This book is written for you by members of the Student Alumni Council who share valuable information about campus life, school traditions, and the student experience. In the pages that follow, I hope you find the information to be a helpful guide as you make the University of Cincinnati your home. This small book is only an introduction to all you will experience as a Bearcat for the next four years and beyond.

If you were to ask a number of UC students what they love about our university, it's pretty unlikely you'd hear the same answer. For many students, the opportunity to co-op and study abroad sets apart the undergraduate experience. For others, it's nights spent under the lights of Nippert Stadium or Sunday mornings relaxing in a hammock with friends on Sigma Sigma Commons. While your path and college experience will be distinctly your own, your journey here as a Bearcat is one to be shared. Whether you are creative, tech savvy, artistic, or analytical, **there is a place here for you.** The University of Cincinnati is a home to hundreds of thousands of Bearcats who today are transforming the world through their talents and passions. As you enter into this UC community -- one rich with legacy, tradition, and endless possibilities-- my hope is that this place can become home, and these people become family.

Our school motto, *Juncta Juvant*, reminds us that there is strength to be found in unity. This year will undoubtedly present adversity, but I assure you, our Bearcat community will carry you through it as it has done for students and alumni for over 200 years. The beginning of your next chapter starts now, and I couldn't be more excited to say welcome to UC— more specifically, welcome home.

Brad Weidner

[Learn more about Student Alumni Council](#)



LETTER FROM PRESIDENT PINTO



PRESIDENT PINTO

Dear Students,

Welcome to the University of Cincinnati! Our Fall Semester of 2020 promises to be unlike any prior; no doubt a matter of both trepidation and excitement, as we experience a new way of beginning the academic year together.

Whether you are starting your Bearcats journey at home or on-campus, we are working to make sure your experience is full and of the highest quality. Through our Bearcat Promise, we will work with you to reach your UC Commencement day on schedule, with a degree in one hand and a career plan in the other.

Our faculty have worked hard to design a curriculum that will challenge you. Though most of your courses may be online or hybrid to protect your health and that of the community during this pandemic, your education and learning will be second to none. Also, be assured that our Division of Student Affairs has been diligently and creatively planning key activities and events so that they can take place virtually, while others will still be held in person with appropriate social distancing.

While your academic work should be your first priority, it is important to take time to enrich your education by participating in extracurricular events. Student Affairs advises that to stay informed of these offerings, please make sure you log into [CampusLINK](#) and download the [Corq app](#). These will give you details on the when, what, where and how.

As our newest Bearcats, we regard you as the “next” in NEXT LIVES HERE. You are our next generation of talented leaders and change agents who will create the future – a future that will be shaped by your knowledge, values, ideas and strengths.

Our Red and Black Book provides an abundance of useful information for your life as a Bearcat. If you have questions or need assistance of any kind, please don't hesitate to ask our faculty and staff for help. We want you to flourish to your full potential – and be successful in building your “next.”

Again, welcome to the UC family. Have a great academic year!

Warmest regards,

Neville G. Pinto, President

[@Prez_Pinto](#)

[Visit the President's Office Site!](#)



1819

Cincinnati College and the Medical College of Ohio are founded, the predecessor schools to the university.

1858

Wealthy merchant Charles McMicken dies of pneumonia, leaving over a million dollars in his will for the establishment of a university in Cincinnati.

1893

The university moves north from the edge of downtown Cincinnati to its present location near Burnet Woods.

1924

Nippert Stadium is dedicated on November 8 in honor of football player Jimmy Nippert, who died the previous year from complications relating to an injury sustained in UC's 1923 Thanksgiving Day game. UC has played continuously at this site since 1902, making it the fourth-oldest playing site and fifth-oldest stadium in college football.

1835

Famous Cincinnati physician Daniel Drake re-establishes the Cincinnati College, merging with the Cincinnati Law school.

1891

Red and Black are officially chosen as the school colors by the student body.

1958-63

Basketball dominance! During this period, the UC Men's Basketball team would appear in five consecutive final fours and three championship games, winning two national titles. Their record over this time span was an impressive 161-16.

2019

The University of Cincinnati's Bicentennial Year!

William McGuffey, author of the famous McGuffey Readers, is appointed president of the Cincinnati College.

After years of legal struggles over McMicken's will and the Civil War, the University of Cincinnati is chartered.

1870

The cooperative education program was established by the Dean of the College of Engineering, Herman Schneider.

UC unveiled a new master plan for the campus, which would transform the university into one of ten U.S. schools noted by Forbes by their overall beauty.

Neville Pinto is named UC's 30th president.

2017

1836

1906

1991

The university is named Ohio's twelfth state institution on July 1.

The Bearcats appeared in two consecutive BCS Bowls, posting an impressive 23-4 during the span under coach Brian Kelly.

1977

2008-09

TWO HUNDRED
years of history + more to come!

[Click to learn more about UC!](#)

THE OLD

In 1894, the cornerstone of the original McMicken Hall was laid. A year later, the building was complete and the basement would serve as the first home of the men's basketball team!



The old Lindner College of Business building provided a home for the college to grow. As more accolades have accumulated, discussion began about creating a new home that will continue to accelerate even greater growth.



In 2014, it was decided that Fifth Third Arena needed renovations to improve the fan experience, especially visibility in the arena.



THE NEW

In 1940, McMicken was razed and rebuilt. Since 1950, McMicken Hall has stood as you see it today, with lions Mick and Mack continue to guard the entrance.



The new Lindner building, opened for the fall 2019 semester, is a place where business students and the college as a whole can thrive in ways that were not possible in the previous facility.



The renovated Fifth Third Arena was completed for the home opener in against Ohio State in 2018, and season ticket sales broke records. The new arena is beautiful and offers any Bearcat fan an amazing game experience.



STUDENT EXPERIENCES



CAROLINE EIFERT

College of Allied Health Sciences
Nutrition and Dietetics

What do you wish you had known before college? I wish I had known that it was all going to end up okay! I was so nervous for college but as I enter my senior year, I wish I had more. It is such a great part of life between high school and adulthood when you learn so much about yourself and meet your best friends for life!



CHRIS ANDERSON

College of Design, Architecture, Art and Planning
Interior Design

Advice: Make yourself uncomfortable. Push yourself to try new things and get involved. Don't be afraid to speak up or reach out, almost everyone around you has been through the same thing and is willing to help.



LOGAN LINDSAY

College of Engineering and Applied Science
Computer Engineering

Advice: Don't be afraid to put yourself into uncomfortable situations, that means you're growing. Be open to other people's opinions and thought processes. This might be the first time of your life that you're surrounded by people with different experiences. Take advantage of that and grow as a person.

MCKENNA JOHNSON

Lindner College of Business
Economics and Finance

Favorite Memory: Bicentennial Homecoming! Best week of my life!

Advice: If something seems even remotely interesting to you, try it! You never know what experiences will stick.



RISHI AMBANI

Lindner College of Business
Finance and Business Analytics

Advice: I would advise incoming Bearcats to meet as many people as possible. My freshman year I met people who have been crucial to my growth in some of the most unlikely places.



TAYLOR ALLGOOD

College of Arts and Sciences
International Affairs

What is something every UC student should do? Attend the multitude of diverse and cultural events going on throughout the year... and join Student Government of course!!



STUDENT RESOURCES

While there are lots of resources linked throughout this book, over the next few pages are some particularly important ones, saved all in one place for you to reference as needed!

[@UofCincy](#) - The University's official Twitter account is a great place to find quick updates and important info. Follow them to get all the latest UC news right in your timeline!

[One Stop](#) - One Stop is your one-stop shop for anything and everything you might need, from registration to financial aid. Visit this link to learn more about the services they provide and how to get in contact with One Stop.

[COVID Info](#) - It will be important to stay up to date on the latest COVID guidelines for campus in order to keep all your fellow Bearcats safe and healthy. Click this link to stay informed.

[2020 Return to Campus Guide](#) - This guide provides clear instructions on how we'll be returning to campus this year. Make sure to give it a read to know what you need to do!

[Shuttle Tracker](#) - Did you know UC has campus shuttles that can take you where you need to go? Use this tracker to learn about the different routes and get real-time updates on each shuttle's location.

[Campus Life](#) - If there's a place to find any resource or information you may need as a Bearcat on campus, this is it! Click this link to find more on getting involved, campus resources and experiences, financial and academic help and so much more!

[Student Activities + Leadership Development](#) - UC offers hundreds of student groups that students can join, including fraternity and sorority life, college tribunals, spirit organizations, professional development groups, diversity activities, and more! Joining a student group is the best way to make friends and get involved, even virtually!





[African American Cultural & Resource Center \(AACRC\)](#)

- The Center serves as a resource for enlightenment about the Black experience and has become a known resource for variety of organizations on campus and in the Greater Cincinnati community.

[Accessibility Student Resources](#)

- These resources are intended to help new and returning students learn more about, and make the most of the services available from Accessibility Resources.

[Bearcats Pantry](#)

- The UC Bearcats Pantry provides free food, hygiene items, cleaning supplies, and professional clothing to students of all backgrounds with food and other insecurities. The pantry also provides meal vouchers that can be used at campus dining halls and To-Go Bags that can be conveniently picked up at locations across campus.

[Center for Community Engagement \(CCE\)](#)

- The Center for Community Engagement (CCE) connects the Bearcat community to the Cincinnati community through community service. Students can find opportunities to participate in semester-long volunteer opportunities such as Bearcat Buddies, dive in to a one-time volunteer need, join together for a community impact day, or find ongoing volunteer opportunities in the community all year long!

[Counseling & Psychological Services \(CAPS\)](#)

- Students and members of the UC community concerned about students have access to mental health crisis care and consultation 24 hours a day 7 days a week. After-hours crisis services provide care 24/7 while CAPS is closed for in-person services. You may call our direct number at 513-556-0648 and press 1, to speak with a counselor.

[Ethnic Programs & Services \(EPS\)](#)

- The Office of Ethnic Programs & Services provides a culturally inclusive environment by enhancing the growth and development of underrepresented students through intentional programming, academic and community engagement, and the access of resources.



[Fraternity & Sorority Life](#) - The fraternity and sorority community at UC includes more than 3,200 students at our Uptown, Clermont, Blue Ash, and Medical campuses. The community currently consists of 45 chapters: 10 College Panhellenic Council (CPC) chapters + 1 associate chapter, 25 Interfraternity Council (IFC) chapters, 3 Multicultural Greek Council (MGC) chapters, and 6 National Pan-Hellenic Council (NPHC) chapters.

[Gen-1](#) - Gen-1 is a groundbreaking University of Cincinnati program that is the nation's first living-learning community to focus on first-generation college students. The Gen-1 Program was established in 2008 and is a living and learning community that supports Pell-eligible, first generation college students with a structured environment in which to live, learn, and work.

[University Housing](#) - Over 80% of incoming freshmen, plus many returning students, choose to live in University Housing! This is a great way to make a large university feel small.

[LGBTQ Center](#) - The Center is an inclusive campus community that welcomes people of all sexual orientations and gender identities and provides support, resources and advocacy. The Center facilitates LGBTQ visibility by promoting and enhancing understanding, acceptance, and awareness regarding LGBTQ issues.

[Veterans Programs & Services](#) - The Office of Veterans Programs & Services was founded to ensure that all individuals associated with the military that chose the University of Cincinnati would have a seamless transition from the Armed Forces to college.

[UC Women's Center](#) - The UC Women's Center is committed to the personal and professional growth of women and gender minorities by facilitating action, promoting intersectional justice, and fostering connections for all students. We strive to challenge gender inequities and advance the rights of women and gender minorities by elevating student activism and leadership through innovative and transformative programming.





TANGEMAN UNIVERSITY CENTER
 Tangeman University Center, or TUC, is the heart of MainStreet. Situated between Nippert Stadium and McMicken Hall, this building is a beautiful, cohesive mix highlighting the old and new architecture of UC. Featuring a bank, movie theater, numerous restaurants, shops, study rooms and meeting areas, this historic building has something to offer every student through out their experience!

CAMPUS RECREATION CENTER
 UC's state-of-the art **Campus Recreation Center** features weights, machines, a suspended track, lap pool, hot tub, basketball courts and more amenities for the UC community! After exercising, refuel at neighboring CenterCourt Dining Hall or Market on Main. Whether for leisure or intense exercise, utilizing the CRC will ensure that you stay in shape until you graduate!

JOSEPH A. STEGER STUDENT LIFE CENTER
 The Joseph A. Steger Student Life Center is home to many programs and resources for student wellness, diversity and inclusion, leadership development and more. It is available to meet a wide range of needs for UC students! Check out [Student Activities and Leadership Development](#) for more info on finding your place at UC!

@UCMainStreet

MAINSTREET

A college playground, busy walkway, regular chill spot and the heart of campus are all ways you could describe MainStreet. Located at the intersection of academic, athletic, retail and social areas of campus, MainStreet serves as a one-stop-shop for a variety of staff and student needs, and is always bustling with activity. From spirit events to professional development and everything in between, every student will take advantage of this versatile portion of campus!

BEARCAT STUDENT ATHLETES



DOM POLLING

Swimming

Dom Polling is entering his senior year in 2020-21 after coming to UC from East Essex, England. He has won numerous American Athletic Conference individual championships and sits in the UC record book for many events. Polling helped the men's swimming and diving program win back-to-back American Athletic Conference titles in 2018 and 2019.



ARMANIA HECKENMUELLER

Volleyball

Armania Heckenmueller is a Cincinnati-native and is entering her junior season at UC. In 2019, she led the nation in assists and assists per set as the starting setter for the Bearcats. The volleyball team advanced to NCAA Regionals in 2019 and finished ranked No. 19 in the nation.

MORGAN DUKES

Lacrosse

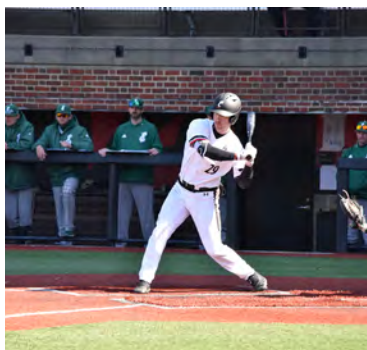
Morgan Dukes is set for her junior season in 2021 where she will look to use her defensive prowess to help the Bearcats return to the postseason for the second year in a row. As a sophomore, she helped the team reach the conference championship game for the first time in program history while ranking second nationally with 3.63 ground balls per game. A native of Bowie, Md., Dukes was a 2019 AAC All-Conference First Team honoree as a sophomore.



NESMA KHALIFA

Basketball

A native of Alexandria, Egypt, Nesma Khalifa is set for her junior season and second with Cincinnati in 2020-21 after playing her freshman year at Tallahassee Community College. Khalifa, who competes wearing a hijab, has represented Egypt in the FIBA U19 Women's Basketball World Cup prior to coming to the United States.



JAKE HANSEN

Baseball

Jake Hansen was a collegiate soccer player before switching over to baseball after suffering an injury. He played at North Iowa Area Community College before transferring to UC in the fall of 2019. From the Chicago area, Hansen started in five games for the Bearcats in the shortened 2020 season.



AARON BIENENFELD

Cross Country/ Track + Field

Aaron Bienenfeld is entering his third year at UC after transferring in from the University of Frankfurt (Germany). A member of both the cross country and track teams, Bienenfeld has been one of the top runners in the American Athletic Conference as he has captured the 10,000m run at the 2018 and 2019 AAC Outdoor Track & Field Championships while adding the 2019 AAC Cross Country title. Academically strong as an AAC All-Academic honoree, Bienenfeld has represented his native Germany in several European championship events, including track, cross country and mountain racing.

THE STUDENT EXPERIENCE WITH ATHLETICS + FACILITIES

Like many schools, UC provides an intimate gameday experience for all students and fans to enjoy. From nights at Nippert, a two-sided sea of students in Fifth Third Arena, and everything in between, the Bearcat fans always make for an incredible environment. [Visit gobearcats.com for more info!](http://Visitgobearcats.com)



What sets UC apart, however, is the open access to many athletic facilities for students and the general public to enjoy. Like Nippert Stadium, Gettler Stadium is open for intramural sports and track use. Keating Natatorium, home of the Bearcat Swimming & Diving Teams, is available for lap swimming, water polo, and other recreational activities. The Lindner Athletics Center holds a variety of classes. Fifth Third Arena hosts many events throughout the year for students, alumni and the UC community.



The intertwining of athletics and the student-body experience plays an integral role in enhancing campus life. Rather than being exclusive to the athletic department, UC makes it a point for all students to have access to as many campus features as possible!



A CINCINNATI TRADITION

THE INSIDE SCOOP ON BEARCAT PRIDE

BEFORE THE GAME...

To prepare for all Bearcats home football games in Nippert Stadium, alumni and students pop tents and light grills at the GRIDiron Tailgate on Sigma Sigma Commons. Come early to watch the UC Marching Band, Dance and Cheer teams, and Football team walk through the tailgate on their way into the stadium.

AT FOOTBALL GAMES...

At football games, look to the bottom of the student section to see the RallyCats leading the cheers. After each kickoff, shout N-A-T-I before the ball is caught.

On every touchdown we sing "Cheer Cincinnati" and the UC ROTC fires the gameday cannon. Cadets perform one push-up for every point the Bearcats currently have as the student section counts the push-ups.

Always wear black to UC football games unless instructed to wear different colors. Follow [@uofcincy](#) and [@gobearcats](#) on Twitter for updates, because some games are Whiteouts (wear white), "Ring of Red" (wear red), or Stripe the Stands.

Be sure to clear the stairs of the Nippert Stadium student section. When the band arrives at the stadium, they stand at the top of the student section and play "Down the Stairs," during which the entire band rushes down the stairs to meet the drumline on the field, transitioning directly into "Cheer Cincinnati."



AT BASKETBALL GAMES...

Before you head into Fifth Third Arena for a basketball game, grab an old News Record from your seat for the confetti toss! Tear up the paper and wait for the first Bearcats score to toss it in the air.

WHEN THE CATS PLAY AWAY...

RallyCats bus trips offer students exciting opportunities to cheer on the Bearcats! RallyCats takes multiple bus trips annually to nationwide destinations to support Bearcats Athletics at great rates.



ON FRIDAYS...

UC students are known for wearing their best Bearcat gear every Friday regardless of what season it is... so be sure to dress in your red & black to show your school spirit!

REGARDLESS OF THE SPORT...

Bearcats fans ALWAYS stay 'til the end of the game... and it's not over until the Alma Mater is sung! If we win, we sing "Cheer Cincinnati" and then the Alma Mater.

Regardless of the sport, make sure to check in on your [Ruckus Rewards App](#) to gain points for every Bearcats event you attend! These points can be exchanged for prizes, including free Bearcats gear, signed memorabilia, and more!



CROSTOWN SHOOTOUT

A CINCINNATI FACEOFF

The Crosstown Shootout is the annual game between our Cincinnati Bearcats and the Xavier University Musketeers. With UC and Xavier being separated by just 3 miles, it's one of the most intense arch-rivalries in the entire nation.

Cincinnati leads in the all-time record, winning against Xavier 51 times to their 36. Each year, the game alternates which campus it is played on, although historically, the game has been played at six different venues.



THE ALMA MATER

O Cincinnati, magic name,
I proudly to the world proclaim;
No sweeter word ever charmed my ear,
None to my heart was ever so dear,
A fountain of eternal youth,
a tower of strength,
a rock of truth.
Oh varsity, dear varsity,
Thy loyal children we will be,
Thy loyal, loyal children we will be.

CHEER CINCINNATI

Cheer Cincinnati, Cincy will win
Fight to the finish, never give in
(Rah, Rah, Rah)

You do your best Cats,
we'll do the rest Cats,
Onward to victory!

Go Red, Go Black, Go Bearcats!
Fight! Fight! Fight!
B-E-A-R-C-A-T-S Go UC!

Cheer Cincinnati, Cincy will win
Fight to the finish, never give in
(Rah, Rah, Rah)

You do your best Cats,
we'll do the rest Cats,
Onward to victory!



SIGMA SIGMA COMMONS

University of Cincinnati Alumni Association

HOME COMING

Homecoming Weekend brings alumni and fans back to campus each fall for a full slate of events, culminating in the annual Homecoming football game. Weekend highlights include the Friday night Kickoff Party and Saturday Homecoming Parade, brought to you by the Student Alumni Council and UC Alumni Association. Celebrations conclude with the Homecoming Court Halftime Crowning Ceremony during the game. This year, Homecoming is slated for Saturday, October 3. Follow [@SACuc](#) and [@uofcinalumni](#) on Twitter for up-to-date information on virtual celebrations and chances to win spirit items and learn more about Homcoming [here!](#)

Between being an amazing hangout spot on nice days, hosting carnivals, concerts, tailgates, and much more, Sigma Sigma Commons is an essential (and beautiful!) part of campus. Here are just some of the events you can find happening here through the year:

Sigma Sigma Carnival: Sigma Sigma Carnival is one of UC's largest ongoing events, dating back to 1940. Sigma Sigma Men's Honorary, which hosts the event, was founded in 1898. The men of Sigma Sigma created the carnival to replace the Junior Prom and celebrate all the student organizations that work hard throughout the school year.

Red & Black Bash: Red & Black Bash is a free annual concert held each Fall during Welcome Weekend. Students pack Sigma Sigma Commons to celebrate the new school year and to reunite with friends!

When events aren't happening, you can find students playing sports, laying in hammocks or studying on the steps between classes. This is the perfect spot to social distance this fall!





CINCINNATI + CLIFTON

Campus is a great place to be, but what makes it even better is the city it's surrounded by! Clifton alone has so much to offer, but when you travel around Cincinnati, you'll learn what a unique and special place it is. Whether you venture downtown for a Reds game, take a sunny day to walk to the zoo, or find yourself at a concert at Riverbend, there are so many memories to make and places to see. Learn more about Cincinnati [here](#), and the Clifton community [here](#).

THE SAC TOP TEN

The members of the Student Alumni Council compiled the following list of absolute must-do's in Cincinnati, Clifton and beyond. We hope that you take the time to experience as many of them as possible!

1. Sports of All Sorts: Reds, Bengals, FC Cincinnati, Western & Southern Open Tennis
2. Cincinnati Food: Skyline, Graeter's, Larosa's
3. Smale Riverfront Park, Sawyer Point
4. Cincinnati Zoo & Botanical Garden
5. Fountain Square
6. Findlay Market, Over-the-Rhine
7. Newport on the Levee
8. Museums: Cincinnati Museum Center, Contemporary Arts Center, Art Museum
9. Concerts: Riverbend, Heritage Bank Center, Bogart's, CCM
10. Amusement Parks: Kings Island, Coney Island





JENNIFER HEISEY

UC Alumni Association Executive Director

Welcome, New Bearcat — and Congratulations!

As you begin your UC career, we're pleased to introduce you to a wonderful UC tradition. Each year, our incoming freshmen receive The Red & Black Book, published by your fellow undergrads in the Student Alumni Council, the student organization affiliated with the UC Alumni Association. Full of UC history, fun facts, and peer-to-peer advice, The Red & Black Book is like taking a "Bearcat 101" course. We give you this book in the spirit of family. You have joined a community of more than 315,000 Bearcat alumni worldwide, plus more than 46,000 fellow students. Along with a

dash of courage and curiosity, this UC family could be your greatest advantage. As a student now, and later as an alumnus, we encourage you to meet new people, experience new things, and see where life takes you. That spirit is the common thread in countless success stories among the lifelong Bearcats who make up your new network, ready to help you discover a lifetime of opportunities spanning career, community, family and friends.

Needless to say, you begin your UC career in unusual circumstances unlike any freshman class has previously experienced. But challenging times always reveal and sharpen one's character, and UC is a terrific place to come of age. Consider The Red & Black Book your first resource in that amazing journey as you embrace your university and pursue your full potential. And never forget: Your UC Alumni Association will always be your partner as you make your unique mark in the years ahead. Go Bearcats!





University of Cincinnati ALUMNI ASSOCIATION

The University of Cincinnati Alumni Association (UCAA for those in the know) is the organization within the University of Cincinnati Foundation charged with supporting and connecting over 315,000 living alumni around the world. It does this in a number of ways, including through college alumni boards, young professional groups, and alumni networks in cities across the country! Annual experiences include Homecoming Weekend and Alumni Weekend, both great opportunities to connect with alumni of all ages.

[Learn more about UCAA!](#)

Student Alumni Council



University of Cincinnati

SAC is the student arm of the UC Alumni Association. Founded in the 1980s originally as the Homecoming Committee, our relationship with UCAA has grown over the years. We work with them on all signature experiences and provide student feedback. Our primary projects throughout the year include the Red & Black Book (obviously), Dinner With Bearcats, and Homecoming! Follow SAC [@SACuc!](#)



NATIONAL ALUMNI NETWORKS



ADVICE FROM YOUNG ALUMNI



AUDREY TORRENCE CLASS OF 2019

MAJOR: Industrial Design

CURRENT PROFESSION + CITY:
Brand Manager/Toy Designer in New York

ADVICE FOR NEW BEARCATS:

Explore the whole city of Cincinnati! I think Cincinnati is the perfect sized city, there's so much to do but it can still feel like a small community.



CHARLOTTE KUHLMAN CLASS OF 2016

MAJOR: Early Childhood Education with a minor in German

CURRENT PROFESSION + CITY:
5th Grade Teacher in Cincinnati

ADVICE FOR NEW BEARCATS

Study abroad if you get the chance, even if it is just for a short amount of time. Find and join an organization or club (or 2, or 3!) that you are really passionate about.



KATIE FISHER CLASS OF 2016

MAJOR: Accounting, Finance + Marketing

CURRENT PROFESSION + CITY:
Sr. Financial Analyst at Procter & Gamble in Cincinnati

WHAT EVERY BEARCAT SHOULD DO:

Attend a student/alumni event, whether it is Homecoming, UC Alumni Celebration, or even a speaking event with one of your organizations' alums, they have some of the coolest stories! Their passion for UC and memories of their time there are always a great reminder of how lucky you are to be living such a wonderful college experience.



KATONE T. ROBERTS CLASS OF 2017

MAJOR: Philosophy

CURRENT PROFESSION + CITY:
National Diversity & Inclusion Manager in Cincinnati

ADVICE FOR NEW BEARCATS:

Attend events of student organizations that you or your direct circle of friends aren't a part of. Selecting a institution like UC, with such a high volume of student involvement and advocacy, leaves no excuse for you to isolate yourself in one bubble.



MAHIMA VENKATESH PRASAD

CLASS OF 2014

MAJOR: Biology/Pre-Med with a minor in Spanish

CURRENT PROFESSION + CITY:
Resident Physician in Columbus, Ohio

ADVICE FOR NEW BEARCATS:

Be open to new opportunities and experiences. You never know who you will meet or what you learn about yourself!



ZACH ZABLO CLASS OF 2020

MAJOR: Chemical Engineering

CURRENT PROFESSION + CITY:
Improvement Engineer in New Orleans, LA

WHAT EVERY BEARCAT SHOULD DO:

Join an organization that is focused on supporting your home college and the retention of students.

Learn more about UC Young Professionals [here!](#)

RED AND BLACK BOOK TEAM



Allison Albrecht
Design Team



Joshua Squirrell
Content Team



Amelia Carpenter
Design Team



Kiley Gawronski
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Friends for life.

