

# THE RED AND BLACK BOOK

# THE RED AND BLACK BOOK

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## MICHAEL BROWN

### PRESIDENT OF THE STUDENT ALUMNI COUNCIL

I am thrilled to welcome you to our Bearcat family! I couldn't imagine a more exciting time to embark on your journey at the University of Cincinnati as we venture out of these unprecedented times and return to what we know and love. Allow me to let you in on a secret; we are ready. We are ready to collaborate with classmates and professors again as we return to in-person classes. We are ready to pull up a chair with friends at the dining halls. We are ready to chant "Down the Drive" as we cheer the Bearcats on in a full-capacity Nippert stadium. These next few years will undoubtedly be some of the best years of your life. All we ask of you is to be ready to take advantage of all the new opportunities, new faces, and new friends that UC has to offer.

On behalf of the Student Alumni Council, we present to you the Red and Black Book. This book was designed by students to provide you with insight into UC's age-old traditions and help you navigate through the student experience with information about student organizations, athletics and other resources around campus. The Red and Black Book will be your guide on how to immerse yourself into our Bearcat community.

Although this book provides valuable information on the student experience, it's only the tip of the iceberg. With the boundless opportunity here at the University of Cincinnati, your experience will be exactly what you make of it. However, no matter where your major, your student organization, or your co-op may take you, you will always have the entire UC community behind you cheering you on. The Student Alumni Council wishes you the best on your journey and we are pleased to welcome you to your new home – the University of Cincinnati.

**Go Bearcats!**





# A LETTER FROM PRESIDENT PINTO



## PRESIDENT PINTO

*Dear Students,*

Welcome to the University of Cincinnati, and congratulations on your arrival as Bearcats. Your journey has no doubt been one filled with uncertainty, excitement and challenges. I want to assure you that we are working hard to make

sure you have an amazing start at UC, and we anticipate that you will be able to fully participate in classes, the residential experience and student activities.

You are our university's best example of what we mean by NEXT LIVES HERE. You are our next generation of talented leaders and change agents who will create the future — a future that will be shaped by your knowledge, values, ideas and strengths.

As you pursue your studies at UC, we want you to build an educational foundation that prepares you for a world of accelerating change and lifelong learning. That foundation includes hands-on learning, whether through co-op, internships, service to the community or interdisciplinary courses that focus on business and social issues that require creative problem solving. Through our Bearcat Promise, we want you to reach Commencement day on schedule, with a degree in one hand and a career plan in the other.



This booklet is filled with useful information for your life as a Bearcat. However, if you have questions or need assistance of any kind, please don't hesitate to ask our faculty and staff for help. We want you to flourish to your full potential — to build your "next." Again, welcome to the UC family. Have a great academic year!

Warmest regards,

Neville G. Pinto, President

[@Prez\\_Pinto](#)

[Visit the President's Office Site!](#)

## 1819

Cincinnati College and the Medical College of Ohio are founded, the predecessor schools to the university.

## 1835

Famous Cincinnati physician Daniel Drake re-establishes the Cincinnati College, merging with the Cincinnati Law school.

## 1858

Wealthy merchant Charles McMicken dies of pneumonia, leaving over a million dollars in his will for the establishment of a university in Cincinnati.

## 1893

The university moves north from the edge of downtown Cincinnati to its present location near Burnet Woods.

## 1891

Red and Black are officially chosen as the school colors by the student body.

## 1924

Nippert Stadium is dedicated on November 8 in honor of football player Jimmy Nippert, who died the previous year from complications relating to an injury sustained in UC's 1923 Thanksgiving Day game. UC has played continuously at this site since 1902, making it the fourth-oldest playing site and fifth-oldest stadium in college football.

## 1958-63

Basketball dominance! During this period, the UC Men's Basketball team would appear in five consecutive Final Fours and three championship games, winning two national titles. Their record over this time span was an impressive 161-16.

## 2019

**The University of Cincinnati's Bicentennial Year!**

## 2019-20

Luke Fickell propels UC football back into the national spotlight as he coaches the Bearcats in back to back American Athletic Conference Championship games in 2019 and 2020 along with an appearance in the 2021 New Years Six Peach Bowl.

William McGuffey, author of the famous McGuffey Readers, is appointed president of the Cincinnati College.

## 1836

After years of legal struggles over McMicken's will and the Civil War, the University of Cincinnati is chartered.

## 1870

The cooperative education program was established by the Dean of the College of Engineering, Herman Schneider.

## 1906

UC unveiled a new master plan for the campus, which would transform the university into one of ten U.S. schools noted by Forbes for their overall beauty.

## 1991

The university is named Ohio's twelfth state institution on July 1.

## 1977

Neville Pinto is named UC's 30th president.

## 2017

The Bearcats appeared in two consecutive BCS Bowls, posting an impressive 23-4 during the span under coach Brian Kelly.

## 2008-09

# TWO HUNDRED +

years of history + more to come!

[Click to learn more about UC!](#)



# THE OLD

In 1894, the cornerstone of the original McMicken Hall was laid. A year later, the building was complete and the basement would serve as the first home of the men's basketball team!



The old Lindner College of Business building provided a home for the college to grow. As more accolades have accumulated, discussion began about creating a new home that will continue to accelerate even greater growth.



In 2014, it was decided that Fifth Third Arena needed renovations to improve the fan experience, especially visibility in the arena.



# THE NEW

In 1940, McMicken was razed and rebuilt. Since 1950, McMicken Hall has stood as you see it today, with lions Mick and Mack continuing to guard the entrance.



The new Lindner building, opened for the Fall 2019 semester, is a place where business students and the college as a whole can thrive in ways that were not possible in the previous facility.



The renovated Fifth Third Arena was completed in 2018 and season ticket sales broke records. The new arena is beautiful and offers any Bearcat fan an amazing game experience.





# STUDENT

# EXPERIENCES



## LANCE ENTUAH

*Economics*

*Lindner College of Business*

**Campus Must-Do:** Every UC student should try the Sunday Morning at Izen's Drunken Bento. It truly is a MUST!

**Advice:** Get involved, make sure to take advantage of the opportunities you are presented with and to meet new people and learn from them.

## VIA KENTNER

*Human Development & Community Engagement*

*College of Education, Criminal Justice, and Human Services*

**Favorite Memory:** Spending countless hours with friends goofing off and studying in Langsam Library!!

**Campus Must-Do:** Go to The 86! They have the best lattes and is a great place to hang with friends.



## APRIL GABLE

*Communication and Interdisciplinary Studies*

*College of Arts and Sciences*

**Favorite Memory:** My favorite UC memory has to be the 2020 UC Homecoming Football Game! Being a member of court and representing the Bearcat Bands was incredible!



## MCKENNA JOHNSON

*Business Economics and Finance*

*Lindner College of Business*

**Campus Must-Do:** Blegen Library! While it is a smaller library than Langsam, it has some of the most beautiful architecture on campus and brings together many different colleges who maintain their archives in the building. Additionally, it has the only silent reading room on campus which is a great place to study when you have a big exam coming up!

## ALEX VAN HAAREN

*Mechanical Engineering*

*College of Engineering and Applied Science*

**Wish I had Known:** I wish I had known about the endless amount of possibilities on campus. UC enables you to do anything you set your mind to from day one, you just have to go after it.



## TAYLOR ALLGOOD

*International Affairs*

*College of Arts and Sciences*

**Campus Must-Do:** Attend the multitude of diverse and cultural events going on throughout the year... and join Student Government of course!!



# STUDENT RESOURCES

The next few pages contain links to important Bearcat resources. Here they are, saved all in one place for you to reference as needed:

[@UofCincy](#) - The University's official Twitter account is a great place to find quick updates and important info. Follow them to get all the latest UC news right in your timeline!

[One Stop](#) - One Stop is your one-stop shop for anything and everything you might need, from registration to financial aid. Visit this link to learn more about the services they provide and how to get in contact with One Stop.

[COVID Info](#) - It will be important to stay up to date on the latest COVID guidelines for campus in order to keep all your fellow Bearcats safe and healthy. Click this link to stay informed.

[2021 Return to Campus Guide](#) - This guide provides clear instructions on how we'll be returning to campus this year. Make sure to give it a read to know what you need to do!

[Shuttle Tracker](#) - Did you know UC has campus shuttles that can take you where you need to go? Use this app to learn about the different routes and get real-time updates on each shuttle's location.

[Campus Life](#) - If there's a place to find any resource or information you may need as a Bearcat on campus, this is it! Click this link to find more on getting involved, campus resources and experiences, financial and academic help and so much more!

[Student Activities + Leadership Development](#) - UC offers hundreds of student groups that students can join, including fraternity and sorority life, college tribunals, spirit organizations, professional development groups, diversity activities, and more! Joining a student group is the best way to make friends and get involved, even virtually!







#### [African American Cultural & Resource Center \(AACRC\)](#)

- The Center serves as a resource for enlightenment about the Black experience and has become a known resource for variety of organizations on campus and in the Greater Cincinnati community.

[Accessibility Student Resources](#) - These resources are intended to help new and returning students learn more about and make the most of the services available from Accessibility Resources.

[Bearcats Pantry](#) - The UC Bearcats Pantry provides free food, hygiene items, cleaning supplies, and professional clothing to students of all backgrounds with food and other insecurities. The pantry also provides meal vouchers that can be used at campus dining halls and To-Go Bags that can be conveniently picked up at locations across campus.

[Center for Community Engagement \(CCE\)](#) - The Center for Community Engagement (CCE) connects the Bearcat community to the Cincinnati community through community service. Students can find opportunities to participate in semester-long volunteer opportunities such as Bearcat Buddies, dive in to a one-time volunteer need, join together for a community impact day, or find ongoing volunteer opportunities in the community all year long!

[Counseling & Psychological Services \(CAPS\)](#) - Students and members of the UC community concerned about students have access to mental health crisis care and consultation 24 hours a day 7 days a week. After-hours crisis services provide care 24/7 while CAPS is closed for in-person services. You may call our direct number at 513-556-0648 and press 1 to speak with a counselor.

[Ethnic Programs & Services \(EPS\)](#) - The Office of Ethnic Programs & Services provides a culturally inclusive environment by enhancing the growth and development of underrepresented students through intentional programming, academic and community engagement, and the access of resources.



[Fraternity & Sorority Life](#) - The fraternity and sorority community at UC includes more than 3,200 students at our Uptown, Clermont, Blue Ash, and Medical campuses. The community currently consists of 45 chapters: 10 College Panhellenic Council (CPC) chapters + 1 associate chapter, 25 Interfraternity Council (IFC) chapters, 3 Multicultural Greek Council (MGC) chapters, and 6 National Pan-Hellenic Council (NPHC) chapters.

[Gen-1](#) - Gen-1 is a groundbreaking University of Cincinnati program that is the nation's first living-learning community to focus on first-generation college students. The Gen-1 Program was established in 2008 and is a living and learning community that supports Pell-eligible, first-generation college students with a structured environment in which to live, learn, and work.

[University Housing](#) - Over 80% of incoming freshmen, plus many returning students, choose to live in University Housing! This is a great way to make a large university feel small.

[LGBTQ Center](#) - The Center is an inclusive campus community that welcomes people of all sexual orientations and gender identities and provides support, resources and advocacy. The Center facilitates LGBTQ visibility by promoting and enhancing understanding, acceptance, and awareness regarding LGBTQ issues.

[Veterans Programs & Services](#) - The Office of Veterans Programs & Services was founded to ensure that all individuals associated with the military that chose the University of Cincinnati would have a seamless transition from the Armed Forces to college.

[UC Women's Center](#) - The UC Women's Center is committed to the personal and professional growth of women and gender minorities by facilitating action, promoting intersectional justice, and fostering connections for all students. We strive to challenge gender inequities and advance the rights of women and gender minorities by elevating student activism and leadership through innovative and transformative programming.





# MAIN STREET

## CAMPUS RECREATION CENTER

UC's state-of-the art [Campus Recreation Center](#) features weights, machines, a suspended track, lap pool, hot tub, basketball courts and more amenities for the UC community! After exercising, refuel at neighboring CenterCourt Dining Hall or Market on Main. Whether for leisure or intense exercise, utilizing the CRC will ensure that you stay in shape until you graduate!

## TANGEMAN UNIVERSITY CENTER

Tangeman University Center, or TUC, is the heart of MainStreet. Situated between Nippert Stadium and McMicken Hall, this building is a beautiful, cohesive mix highlighting the old and new architecture of UC. Featuring a bank, movie theater, numerous restaurants, shops, study rooms and meeting areas, this historic building has something to offer every student throughout their experience!

## JOSEPH A. STEGER STUDENT LIFE CENTER

The Joseph A. Steger Student Life Center is home to many programs and resources for student wellness, diversity and inclusion, leadership development and more. It is available to meet a wide range of needs for UC students! Check out [Student Activities and Leadership Development](#) for more info on finding your place at UC!

[@UCMainStreet](#) - A college playground, busy walkway, regular chill spot and the heart of campus are all ways you could describe MainStreet. Located at the intersection of academic, athletic, retail and social areas of campus, MainStreet serves as a one-stop-shop for a variety of staff and student needs, and is always bustling with activity. From spirit events to professional development and everything in between, every student will take advantage of this versatile portion of campus!



# BEARCAT STUDENT-ATHLETES



**DOM POLLING**  
*Swimming*

Dom Polling came to UC from East Essex, England. He has won numerous American Athletic Conference individual championships and sits in the UC record book for many events. Polling helped the men's swimming and diving program win back-to-back American Athletic Conference titles in 2018 and 2019.

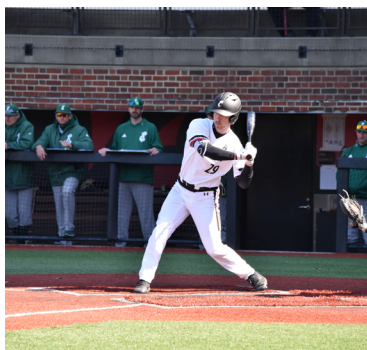
**MORGAN DUKES**  
*Lacrosse*

As a sophomore, Morgan Dukes helped the team reach the conference championship game for the first time in program history while ranking second nationally with 3.63 ground balls per game. A native of Bowie, Md., Dukes was a 2019 AAC All-Conference First Team honoree as a sophomore.



**JAKE HANSEN**  
*Baseball*

Jake Hansen was a collegiate soccer player before switching over to baseball after suffering an injury. He played at North Iowa Area Community College before transferring to UC in the fall of 2019. From the Chicago area, Hansen started in five games for the Bearcats in the shortened 2020 season.



**ARMANIA HECKENMUELLER**  
*Volleyball*

Armania Heckenmueller is a Cincinnati native entering her junior season at UC. In 2019, she led the nation in assists and assists per set as the starting setter for the Bearcats. The volleyball team advanced to NCAA Regionals in 2019 and finished ranked No. 19 in the nation.

**NESMA KHALIFA**  
*Basketball*

A native of Alexandria, Egypt, Nesma Khalifa is set for her junior season and second with Cincinnati in 2020-21 after playing her freshman year at Tallahassee Community College. Khalifa, who competes wearing a hijab, has represented Egypt in the FIBA U19 Women's Basketball World Cup prior to coming to the United States.



**AARON BIENENFELD**  
*Cross Country/ Track + Field*

Aaron Bienenfeld transferred to UC from the University of Frankfurt (Germany). Bienenfeld has been one of the top runners in the American Athletic Conference as well as an AAC All-Academic honoree, and has represented his native Germany in several European championship events, including track, cross country and mountain racing.





# THE STUDENT EXPERIENCE

## WITH ATHLETICS + FACILITIES

When it comes to athletics, what sets UC apart is the open access to many athletic facilities for students and the general public to enjoy. Like Nippert Stadium, Gettler Stadium is open for intramural sports and track use. Keating Natatorium, home of the Bearcat Swimming & Diving Teams, is available for lap swimming, water polo, and other recreational activities. The Lindner Athletics Center holds a variety of classes. Fifth Third Arena hosts many events throughout the year for students, alumni and the UC community.



The intertwining of athletics and the student-body experience plays an integral role in enhancing campus life. Rather than being exclusive to the athletic department, UC makes it a point for all students to have access to as many campus features as possible!

[Visit gobearcats.com for more info!](http://gobearcats.com)





# BEARCAT TRADITIONS

## THE INSIDE SCOOP ON BEARCAT PRIDE

### BEFORE THE GAME...

Before each home football game, alumni and students pop tents and light grills at the GRIDiron Tailgate on Sigma Sigma Commons. Come early to watch the UC Marching Band, Dance and Cheer teams, and Football team walk through the tailgate on their way into the stadium.

### AT FOOTBALL GAMES...

At football games, look to the bottom of the student section to see the RallyCats leading the cheers. After each kickoff, shout N-A-T-I before the ball is caught.

On every touchdown we sing "Cheer Cincinnati" and the UC ROTC fires the gameday cannon. Cadets perform one push-up for every point the Bearcats currently have as the student section counts the push-ups.

Always wear black to UC football games unless instructed otherwise. Follow [@uofcincy](#) and [@gobearcats](#) on Twitter for updates, because some games are White-outs (wear white), "Ring of Red" (wear red), or Stripe the Stands.

Be sure to clear the stairs of the Nippert Stadium student section. When the band arrives at the stadium they rush down the stairs to meet the drumline on the field.



### AT BASKETBALL GAMES...

Before you head into Fifth Third Arena for a basketball game, grab an old News Record from your seat for the confetti toss! Tear up the paper and wait for the first Bearcats score to toss it in the air.

### WHEN THE CATS PLAY AWAY...

RallyCats bus trips offer students exciting opportunities to cheer on the Bearcats! RallyCats takes multiple bus trips annually to nationwide destinations to support Bearcats Athletics at great rates.

### ON FRIDAYS...

UC students are known for wearing their best Bearcat gear every Friday regardless of what season it is... so be sure to dress in your red & black to show your school spirit!

### REGARDLESS OF THE SPORT...

Bearcats fans ALWAYS stay 'til the end of the game... and it's not over until the Alma Mater is sung! If we win, we sing "Cheer Cincinnati" and then the Alma Mater.

Regardless of the sport, make sure to check in on your [Ruckus Rewards App](#) to gain points for every Bearcats event you attend! These points can be exchanged for prizes, including free Bearcats gear, signed memorabilia, and more!



# CROSTOWN SHOOTOUT

## A CINCINNATI FACEOFF

The Crosstown Shootout is the annual game between our Cincinnati Bearcats and the Xavier University Musketeers. With UC and Xavier being separated by just 3 miles, it's one of the most intense arch-rivalries in the entire nation.

Cincinnati men's basketball leads in the all-time record, winning against Xavier 51 times to their 37. Each year, the game alternates which campus it is played on, although historically, the game has been played at six different venues.



## BEARCAT SONGS

### ALMA MATER

Verse 1:

O Cincinnati, magic name,  
I proudly to the world proclaim;  
No sweeter word ever  
    charmed my ear,  
None to my heart was ever so dear,  
A fountain of eternal youth, a tower  
    of strength, a rock of truth.

Oh varsity, dear varsity, thy loyal  
    children we will be,  
Thy loyal, loyal children we will be.

### CHEER CINCINNATI

Cheer Cincinnati, Cincy will win  
Fight to the finish, never give in  
    (Rah, Rah, Rah)

You do your best Cats,  
we'll do the rest Cats,  
    Onward to victory!

Go Red, Go Black, Go Bearcats!  
    Fight! Fight! Fight!  
B-E-A-R-C-A-T-S Go UC!

Cheer Cincinnati, Cincy will win  
Fight to the finish, never give in  
    (Rah, Rah, Rah)  
You do your best Cats,  
we'll do the rest Cats,  
    Onward to victory!





University of Cincinnati  
Alumni Association

# HOME<sup>66</sup>COMING

Homecoming Weekend brings alumni and fans back to campus each fall for a full slate of events, culminating in the annual Homecoming football game. Weekend highlights include the Friday night Kickoff Party and Saturday Homecoming Parade, brought to you by the Student Alumni Council and UC Alumni Association. Celebrations conclude with the Homecoming Court Halftime Crowning Ceremony during the game. This year, Homecoming is slated for Saturday, November 6. Follow [@SACuc](#) and [@uofcincyalumni](#) on Twitter for up-to-date information on this year's festivities!



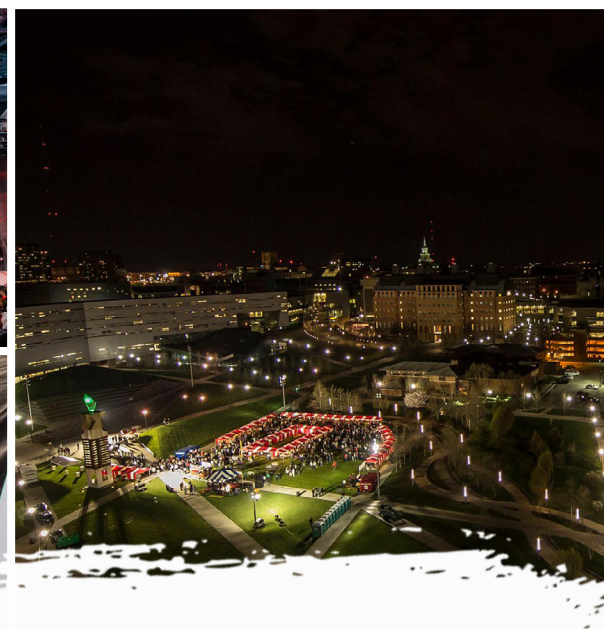
## SIGMA SIGMA COMMONS

Between being an amazing hangout spot on nice days, hosting carnivals, concerts, tailgates, and much more, Sigma Sigma Commons is an essential (and beautiful!) part of campus. Many events take place here throughout the year, led by:

*Sigma Sigma Carnival:* Sigma Sigma Carnival is one of UC's largest ongoing events, dating back to 1940. Sigma Sigma Men's Honorary, which hosts the event, was founded in 1898. The men of Sigma Sigma created the carnival to replace the Junior Prom and celebrate all the student organizations that work hard throughout the school year.

*Red & Black Bash:* Red & Black Bash is a free annual concert held each Fall during Welcome Weekend. Students pack Sigma Sigma Commons to celebrate the new school year and to reunite with friends!

When events aren't happening, you can find students playing sports, laying in hammocks or studying on the steps between classes.







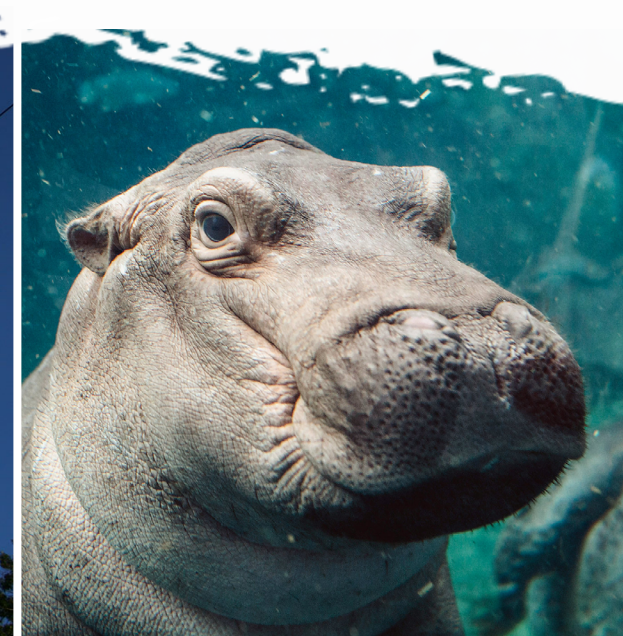
# CINCINNATI + CLIFTON

Campus is a great place to be, but what makes it even better is the city it's surrounded by! Clifton alone has so much to offer, but when you travel around Cincinnati, you'll learn what a unique and special place it is. Whether you venture downtown for a Reds game, take a sunny day to walk to the zoo, or find yourself at a concert at Riverbend, there are so many memories to make and places to see. Learn more about Cincinnati [here](#), and the Clifton community [here](#).

## THE SAC TOP TEN

The members of the Student Alumni Council compiled the following list of absolute must-do's in Cincinnati, Clifton and beyond. We hope that you take the time to experience as many of them as possible!

1. Sports of All Sorts: Reds, Bengals, FC Cincinnati, Western & Southern Open
2. Cincinnati Food: Skyline, Graeter's, LaRosa's
3. Smale Riverfront Park, Sawyer Point
4. Cincinnati Zoo & Botanical Garden
5. Fountain Square
6. Findlay Market, Over-the-Rhine
7. Newport on the Levee
8. Museums: Cincinnati Museum Center, Contemporary Arts Center, Art Museum
9. Concerts: Riverbend, Heritage Bank Center, Bogart's, CCM, Icon Music Center
10. Amusement Parks: Kings Island, Coney Island







# JENNIFER HEISEY

Chief Alumni Officer

Welcome, New Bearcat — and Congratulations!

Life is largely shaped by the choices we make, and you made a fantastic decision by choosing to be a Bearcat. Now as you begin your UC career, we're pleased to introduce you to The Red & Black Book. It's published annually by your fellow undergrads in the Student Alumni Council, the student organization affiliated with the UC Alumni Association. Designed specifically for incoming freshmen, The Red & Black Book is a wonderful UC tradition that's full of UC history, fun facts, and peer-to-peer advice — sort of like taking a "Bearcat 101" course.

The Red & Black Book is also a family tradition, because that's the spirit of the UC community. With more than 46,000 students and 327,000 alumni worldwide, you suddenly have a vast network of Bearcat family members who will become a great help to you, not only for the next several years but for the rest of your life. Make the most of it! Jump in, meet the people around you, experience new things, and see where it all takes you.

Countless opportunities await you on this amazing journey you have begun. Please consider The Red & Black Book your first resource as you embrace your university and it embraces you. And never forget: Your UC Alumni Association will always be your partner as you make your unique mark on the world.

**Go Bearcats!**







# **University of Cincinnati** **ALUMNI ASSOCIATION**

The University of Cincinnati Alumni Association (UCAA for those in the know) is the organization within the University of Cincinnati Foundation charged with supporting and connecting over 327,000 living alumni around the world. It does this in a number of ways, including through college alumni boards, young professional groups, and alumni networks in cities across the country! Annual experiences include Homecoming Weekend and Alumni Week, both great opportunities to connect with alumni of all ages.

[Learn more about UCAA!](#)

Student Alumni Council



University of Cincinnati

SAC is the student arm of the UC Alumni Association. Founded in the 1980s originally as the Homecoming Committee, our relationship with UCAA has grown over the years. We work with them on all signature experiences and provide student feedback. Our primary projects throughout the year include the Red & Black Book (obviously), Dinner With Bearcats, and Homecoming! Follow SAC [@SACuc!](#)





# NATIONAL ALUMNI NETWORKS

The National Alumni Networks can be awesome resources and we encourage you to connect with them! Whether you're traveling, on co-op or an alumnus, [check out the Alumni Association's website to find more information about the networks](#), including their locations, contact information and online groups.

- Atlanta
- Boston
- Central Florida
- Charlotte
- Chicago
- Cleveland
- Columbus
- Dallas/Ft. Worth
- Dayton
- Denver
- Detroit
- Houston
- Indianapolis
- Los Angeles
- Milwaukee
- Nashville
- New York
- Northern New Jersey
- Philadelphia
- Phoenix
- Pittsburgh
- Portland
- San Diego
- San Francisco Bay Area
- Seattle
- Southeast Florida
- St. Louis
- Tampa
- Toledo
- Twin Cities
- Washington DC/Baltimore





# ADVICE FROM

# YOUNG ALUMNI



## ALLISON ALBRECHT

*Class of 2021*

*Interior Designer in Cincinnati*

**Advice for New Bearcats:** Everybody is just as nervous as you are! Don't be afraid to sit next to somebody new and strike up a conversation. Clubs, classes and events around campus all provide great opportunities to make new friends.

## CHARLOTTE KUHLMAN

*Class of 2016*

*5th Grade Teacher in Cincinnati*

**Advice for New Bearcats:** Study abroad if you get the chance, even if it is for a short amount of time. Find and join an organization or club (or 2, or 3!) that you are really passionate about.



## KATONE T. ROBERTS

*Class of 2017*

*National Diversity and Inclusion Manager in Cincinnati*

**Advice for New Bearcats:** Attend events of student organizations that you or your direct circle of friends aren't a part of. Selecting a institution like UC, with such a high volume of student involvement and advocacy, leaves no excuse for you to isolate yourself in one bubble.

## MAHIMA VENKATESH PRASAD

*Class of 2014*

*Resident Physician in Columbus, Ohio*

**Advice for New Bearcats:** Be open to new opportunities and experiences. You never know who you will meet or what you learn about yourself!



## KATIE FISHER

*Class of 2016*

*Sr. Financial Analyst at P&G in Cincinnati*

**What Every Bearcat Should Do:** Attend a student/alumni event, whether it is Homecoming, UC Alumni Celebration, or even a speaking event with one of your organizations' alums, they have some of the coolest stories! Their passion for UC and memories of their time there are always a great reminder of how lucky you are!



## ZACH ZABŁO

*Class of 2020*

*Improvement Engineer in New Orleans*

**What Every Bearcat Should Do:** Join an organization that is focused on supporting your home college and the retention of students.



# RED AND BLACK BOOK TEAM



Michael Brown



Amelia Carpenter



Kiley Gawronski



Kate Harty



Megan Peck



Victoria Kuhlman, SAC Advisor

